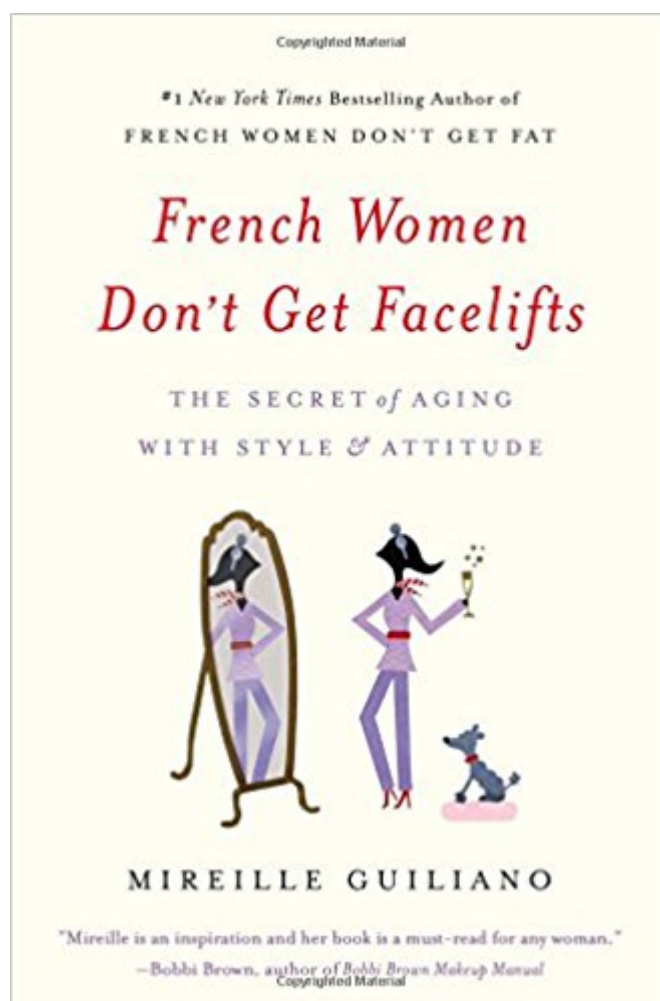


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French Women Don't Get Facelifts: The Secret Of Aging With Style & Attitude



Synopsis

The author of the bestselling *French Women Don't Get Fat* shares the secrets and strategies of aging with attitude, joy, and no surgery. With her signature blend of wit, no-nonsense advice, and storytelling flair, Mireille Guiliano returns with a delightful, encouraging take on beauty and aging for our times. For anyone who has ever spent the equivalent of a mortgage payment on anti-aging lotions or procedures, dressed inappropriate for their age, gained a little too much in the middle, or accidentally forgot how to flirt, here is a proactive way to stay looking and feeling great, without resorting to "the knife"-a French woman's most guarded beauty secrets revealed for the benefit of us all!

Book Information

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Customer Reviews

"French women have incredible style and confidence. Mireille is an inspiration and her book is a must-read for any woman wanting to look better and ultimately feel more beautiful." --Bobbi Brown
Like a fabulous friend sharing her secrets, Mireille divulges, encourages and inspires. And she does it with joy." --Pamela Druckerman, author of *Bringing up Bebe*

Mireille Guiliano, a former chief executive at LVMH (Veuve Clicquot), is "the high priestess of French lady wisdom" (*USA Today*) and "ambassador of France and its art of living" (*Le Figaro*). She is the author of *French Women Don't Get Fat: The Secret of Eating for Pleasure*, the number 1 *The New York Times* Bestseller in the US. It has been translated into 37 languages. Mireille has

appeared on The Today Show, CBS' The Early Show, NBC's Dateline, Oprah, CNN, among many national broadcasts, and has been profiled in The New York Times, USA Today, Time, Newsweek, People, Business Week, More, Travel & Leisure, Food & Wine and dozens of other publications, and she is the author of French Women for All Seasons, Women, Work & The Art of Savoir Faire, and The French Women Don't Get Fat Cookbook.

Ms. Guiliano seems to have gotten a bit complacent about her responsibility to her readers on this one, and I'm really surprised that her editors didn't hold her to a higher standard. French Women Don't Get Fat was a great read, choc full of specific, helpful tips, anecdotes that readers could relate to, even recipes. French Women Don't Get Facelifts is a chore to read. It doesn't flow well, and the thoughts are poorly organized, as if they had been jotted down on airplane cocktail napkins and typed up by an assistant. And the content itself is, well, so basic and trite as to be pretty much worthless. What happened? Not sure, but I really regret having spent money on this book. There's nothing here but Ms. Guiliano's brand, and she isn't doing it any favors. She really should have worked harder for her readers.

I found the book quite boring and full of old fashioned hints. I am not at all interested in plastic surgery so my view is not based on disagreement with her thesis, just that there really is nothing new to offer. I'm not sure that French women really have it all over everyone else unless conservative style is your bag.

Love love love

Excellent book. Very informative I have it in audio but I had to get the book because there is so much helpful information that I want to mark the pages and go back to it occasionally. I have also tried some of her recipes and they are actually very good. Its a great read for women of a certain age.

I like Mireille Giuliano's work in general, and this book was no different. I just turned 50, and am seeking advice for aging gracefully and joyfully. I found it in this book. If you are seeking a role model for living well, Mireille Giuliano is it.

i love this author and will read whatever she comes out with...great read.

Arrived in great condition!!!

This book gives tips and insights about how French women age gracefully? Your inner attitude, having a healthier lifestyle, and changing your outward appearance without using drastic measures like surgeries or injections is the key to modifying yourself during your entire adult life. If you can take it upon yourself to adopt a few of the philosophies in the book, "French Women Don't Get Facelifts," then you're probably on your way to living a satisfied life with a positive attitude at any age.

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